



**Holistic Mental  
Health Wellness Inc.**

*"Where mindfulness is your light, love,  
wellness and unlimited potential begin!"*

**Effective Date:** November 9, 2025

**Patient Portal Terms of Use**

These Terms govern your use of the Holistic Mental Health Wellness Inc. ("HMHW INC.") patient portal provided through AdvancedMD.

**1. Purpose of the Portal**

The patient portal allows clients to securely complete forms, access billing information, and communicate with providers for non-urgent matters.

**2. Establishing Access**

Portal access is granted only after intake and provider approval. Use of the portal constitutes acceptance of these terms.

**3. Appropriate Use**

Do not use the portal for emergencies or crisis communication. In the event of an emergency, call 911 or go to your nearest emergency department.

**4. Privacy and Security**

All portal activity is governed by HIPAA. Your data within AdvancedMD is stored securely according to federal privacy standards.

**5. Communication Limitations**

The portal may be used for secure messaging related to appointments or administrative concerns. It is not intended for therapy or emergency correspondence.

**6. Insurance and Self-Pay**

While HMHW INC. may accept certain insurance plans, we reserve the right to decline insurance and require self-pay at our discretion. Clients will be informed prior to service.

## **7. Training and Modalities Disclosure**

Practitioners are trained in trauma-informed and holistic approaches including EMDR, Reiki, breathwork, IFS, and somatic therapy. Training in IFS and somatic therapy does not imply certification.

## **8. Updates to Terms**

We may revise these Portal Terms periodically. Updated versions will appear in the portal and take effect immediately upon posting.

## **9. Contact Information**

HMHW INC.

1701 E Woodfield Rd., Suite 305

Schaumburg, IL 60173

Email: [hmhwinc@tangeemoscoso.com](mailto:hmhwinc@tangeemoscoso.com)

Phone: 224-366-7537

© 2025 HMHW INC. All Rights Reserved.